



International Conference

THE MICROBIOME THROUGHOUT LIFE

Translating new science into clinical practice

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TIM SPECTOR

Tim Spector, MD, is Professor of Epidemiology at King's College London and co-founder of ZOE, the nutrition science company leading the gut health revolution. He is the bestselling author of *The Diet Myth*, *Spoon-Fed*, *Food for Life*, *Food for Life Cookbook* and *Ferment*. With a focus on cutting-edge science, and honoured with an OBE for his impactful work in fighting Covid-19, Tim stands at the forefront of his field. The original pioneer of microbiome research, he is among the top 100 most-cited scientists in the world. speaker in Washington in 2014 and was profiled in the Netflix documentary *Hack Your Health: The Secrets of the Gut* in 2024.

